

## SILVERTON MEMORY CAFÉ

## The Memory Café is open from 2.00pm until 4.00pm every Thursday afternoon in

## The Millenium Hall, Silverton

The Memory Café provides a weekly meeting place for people, their carers and volunteers from Silverton and the surrounding villages, who have concerns over memory loss.

It provides support and opportunities to stimulate memory through social interaction, reminiscences, games, quizzes, puzzles, singing, music and other activities.

Come along for a warm welcome. Free entry, tea, coffee, biscuits, cake included.

For further enquiries please leave a message at Wyndham House Surgery for Trish.

See http://silvertonmemorycafe.weebly.com for more details.