

NEW BEREAVEMENT DROP IN GROUP

A new Bereavement Drop In group is starting up in Silverton.

It will be held at Room 4 U on the second Thursday of the month, from 10.30 - 12.30, commencing on Thursday 12th September.

The group will be supported by Wyndham House PPG and the Friends of Wyndham House surgery.

Everyone is welcome, whether you have been bereaved for 3 months or 30 years.

It will be a safe space to talk, laugh, cry and share practical help in confidence and refreshments will be served.

Please do feel free to join us, but if you would like more information before coming, please ring Carole Allen on 07465 448535.