

BEREAVEMENT DROP IN GROUP

It is held at Room 4 U on the second Thursday of the month, from **10.30 - 12.30**, with future dates as follows:

8th January 2026

12th February 2026

12th March 2026

9th April 2026

The group is supported by Wyndham House PPG and the Friends of Wyndham House Surgery.

Everyone is welcome, whether you have been bereaved for 3 months or 30 years.

It is a safe space to talk, laugh, cry and share practical help in confidence and refreshments will be served.

Please do feel free to join us, but if you would like more information before coming, please ring

Carole Allen on 07465 448535,